

INSIDE EDGE

SKI AND BIKE



TROUBLE SHOOTING GUIDE

Some common problems and what could be wrong with your bike

IS YOUR BIKE:

- 1** MAKING A GRINDING NOISE/ OR SKIPPING WHEN YOU SHIFT?
- 2** CLUNKING NOISE COMING FROM THE FRONT OF YOUR BIKE WHEN YOU HIT A BUMP OR ROUGH SPOT?
- 3** CREAKING COMING FROM YOUR SEAT/SEAT POST?
- 4** SCRAPING NOISE FROM YOUR WHEELS/EXTRA RESISTANCE ON YOUR BIKE?
- 5** SOFT FEELING RIDE, OR MORE ROLLING RESISTANCE THAN NORMAL?

1

YOUR FRONT OR REAR DERAILLEUR MAY NEED TO BE ADJUSTED OR YOUR CABLE TENSION MAY NEED TO BE ADJUSTED. THIS IS AN EASY FIX FOR YOUR LOCAL MECHANIC!

2

YOU MAY HAVE A LOOSE HEADSET. THE BEARING TENSION MAY NEED TO BE ADJUSTED, OR YOU MAY NEED A NEW HEADSET. CHECK WITH YOUR LOCAL SHOP GUY.

3

FIRST CHECK YOUR SEAT COLLAR TO MAKE SURE IT'S TIGHT. IF YOU STILL HAVE A NOISE YOU MAY NEED TO CLEAN AND REGREASE YOUR SEAT POST. IF THE CREAK PERSISTS, YOU MAY NEED A NEW SEAT.

4

CHECK TO SEE IF YOUR BRAKES ARE DRAGGING. IF SO THEY MAY NEED TO BE ADJUSTED BY A MECHANIC. IF YOUR BRAKES RUB ON ONLY ONE OR TWO SPOTS YOUR WHEEL MAY BE OUT OF TRUE AND WILL NEED TO BE TRUED BY A MECHANIC.

5

CHECK YOUR AIR PRESSURE TO MAKE SURE YOUR TIRES ARE PROPERLY INFLATED. YOU CAN FIND THE PSI RATING ON THE SIDEWALL OF THE TIRE.



WHEN TO BRING YOUR BIKE IN FOR A TUNE UP:

- SHIFTING ACTING ODD, i.e. SKIPPING OR GHOST SHIFTING.
- BRAKES NOT WORKING AS WELL AS THEY SHOULD, OR DRAGGING
- IT'S SPRING TIME
- DURING THE SEASON; MAINTNENCE AS NEEDED. PAD REPLACEMENT, WHEEL TRUING, DRIVE TRAIN REPLACEMENT, WORN TIRES, ETC...

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